

Kent and England cricketer Lydia Greenway is currently in training. Of course, this may not be news to you, as Lydia is part of the very successful Kent Ladies Cricket team , current holders of both the county and T20 championships , and was also a member of the England ladies team that was undefeated in their recent tour of New Zealand.

Now, however, Lydia is swapping a cricket helmet for a cycle helmet and is planning to do a sponsored cycle ride from London to Paris.

One of Lydia's family has recently been diagnosed with breast cancer, and, to show her support , Lydia is undertaking this journey to raise money for Breast Cancer Care.



Between the 1st and 5th August Lydia will need to cycle 60-95 miles each day to get to the finish line in time.

We would all like to wish her well, and , if you would like to donate and show your support to one of our stalwarts, her web page is www.justgiving.com/LydiaGreenway